

VIETNAM

Tour name-WTSV02:	Hanoi- Luang Prabang Multi- Adventure
Tour length:	12 Days/11 Nights
Activity:	Trekking & Biking
Group Size:	Min 2 Max 15
Price:	\$
Single supplement	\$

Day 1: Hanoi. Train to Lao Cai

Meet, greet and brief. Transfer to train station for overnight train Hanoi to Lao Cai

Day 2: Sapa- Lao Chai- Ta Van- Giang Ta Chai(B,L)

From Lao Cai transfer to Sapa. Trek through beautiful gardens and lush pine forests to Ma Tra and Ta Phin Villages visiting locals, workshops and caves. Transfer by jeep to Sapa. Overnight Sapa.

Hiking: 4-5 hours

Grade: Moderate

Day 3: Sapa - Tam Duong - Pa So (B,L)

Bike ride from Sapa to Pa So via beautiful Silver Waterfall and Heaven Gate. Overnight in family run hotel in Pa So.

Cycling distance: Approx 60-70 km

Difficulty: Moderate/challenging

Day 4 - Pa So - Muong Lay (B,

Today the scenery is out of this world. Climb to Phing Tho and uphill to SinHo, one of the highest mountains in the area. Downhill to Lang Mo via Lang Mo to river Nam Na. Overnight in Lai Chau.

Cycling distance: Approx 60-70km

Difficulty: Moderate/challenging

Day 5 Muong Lay - Tuan Giao - Dien Bien Phu (B,L)

Take a shuttle to Muong Lay and then cycle to Tuan Giao. Today is strenuous with switchbacks and short, steep ascents and descents. Visit villages with very remote minority people before arriving in Dien Bien Phu. Overnight Dien Bien Phu.

Cycling distance: Approx 80-95km

Difficulty: Moderate/challenging

Day 6: Dien Bien- Tay Trang-(B,L)

From Tay Trang border of Vietnam and Soup Houne border of Laos excursion by biking tour with support car on dirt road to Mouand Mai passing villages including that of the H'mong people. Overnight Muong Khua.

Cycling distance: 60-70Km

Difficulty: Moderate/challenging

Day 7: Muong Khua- Nong Khiaw. (B,L)

Enjoy a spectacular river trip down the Nam Ou River to Nong Khiaw. Afternoon cycling. Overnight Nong Khai.

Cycling distance: 20-25 Km

Difficulty: Easy

Day 8: Nong Khiau- Luang Prabang (B,L)

Cycling along the beautiful Nam Ou River to Luang Prabang via Pakeng. Finish the day with a visit to the World Heritage Site. Overnight Luang Prabang.

Cycling distance: 70-80 Km

Difficulty: Moderate

Day 9: Luang Prabang – Pak Ou Caves (B,L)

Day exploring Luang Prabang. Cycle across the Mekong River to view Pak Ou and Thamting Caves. Travel back to Luang Prabang via a traditional boat. Overnight Luang Prabang.

Cycling distance: 50-60 Km

Difficulty: Moderate

Day 10 : Fairy Trek. Luang Prabang- Khmu Village (B,L,D)

Shuttle to trekking place. Trek through the country side of rice paddies to Khamu Village where children meet you. From there to Hmong Village and on to Kham Village for a overnight stay inn a family guest house.

Trekking hours: 6-7

Difficulty: Moderate

Day 11: Khmu Village- Elephant Lodge – Luang Prabang. (B,L)

Trek along river bed visiting village. A boat ride on the Nam Khan takes you to a Elephant Lodge. Transfer to Luang Prabang. Overnight Luang Prabang.

Trekking hours: 4-5

Difficulty: Moderate

Day 12: Departure. (B)

Day of leisure

Although it is our intention to operate the itinerary as detailed proposal. We will do our utmost to stick to the set itinerary, however we cannot be held responsible for any last minute changes that might occur. It may be necessary to make some changes as a result of climatic conditions, alterations to flight schedules or other operational factors.

GRADING DEFINITION

To give you an indication of the difficulty of our trips, we've graded our adventures into four categories: easy, moderate and challenging. We take many factors into consideration in these grading, including distances covered, terrain, altitude, weather conditions and vehicle support.

- ❖ **Easy:** Suitable for most people in good health. These trips generally include short days on good paths and at low altitudes.
- ❖ **Moderate:** A reasonable level of fitness is required, as these trips can require sustained endurance levels, hills, longer days and altitude. All of our moderate trips have a support vehicle following closely, so weary travellers can hitch a ride and take a rest for a while.
- ❖ **Challenging:** These trips are physically demanding and best suited for strong people with a high endurance level. Days can be long, often at altitude

TRIP INCLUSIVE:

- ❖ Experienced English speaking guide throughout. Different guide in Vietnam and Lao
- ❖ 01 Air-conditioned vehicle for transfers and back up as per itinerary. In Laos Back up by minivan and / or Tuktuk
- ❖ King Express train tickets Hanoi- Lao Cai- Hanoi on Superior Cabin (4 berth cabin)
- ❖ Transfer to/from trekking place in Sapa and Luang Prabang.
- ❖ Boat trip where mentioned in the itinerary.
- ❖ Local bike hire and helmets (Mountain bike Front Suspension)
- ❖ Meals as mentioned in the itinerary (B= Breakfast, L= Lunch & D= Dinner)
- ❖ Healthy snack, fresh local fruits and soft drink for trekking and cycling days.
- ❖ Bottled drinking water for trekking and cycling days.
- ❖ All sightseeing entrance fee where required in the itinerary.
- ❖ Accommodation in hotel (Twin /Double shared room). Please see our choices at the selected hotel portion.
- ❖ Simple First Aid Kit.
- ❖ International flight reconfirmation.

TRIP EXCLUSIVE:

- ❖ International flight to/from Vietnam and international airport departure tax.
 - ❖ Vietnamese Visa. Please assure that you have visa before departure.
 - ❖ Travel Insurance. We highly recommend purchasing travel insurance from home.
 - ❖ Personal expenditure (telephone, laundry, shopping and so on...)
 - ❖ Tips for guide, driver, porters. We recommend 5 USD/person/day for guide, 3 USD/person/day for driver and 2 USD/person/hotel when you check in/out.
 - ❖ Beverage and alcoholic drinks.
- Any other services not clearly mentioned on the itinerary and trip inclusive portion

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