

WS 2; KokodaSpirit Wild Spirit Annapurna

Presents

Base Camp and sanctuary

Itinerary

Day 01- Arrival in Kathmandu airport (1345meters).

You will be met by our *Wild Spirit* representative and transferred to hotel by private tourist vehicle. Overnight at hotel.

Day 02- Sightseeing around Kathmandu valley.

Your sightseeing trip will start at 9 AM in the morning after your breakfast. We will provide a private vehicle and professional tour guide. Places we visit are Pasupatinath temple, Buddhanath, Monkey temple, Bhaktapur durbar square and Kathmandu durbar square. The afternoon includes a final briefing and preparations for the trek. Overnight at hotel.

Day 03- Drive to Pokhara (900 meters) 7 hours by tourist bus.

Wild Spirit Trekking staff will arrive at your Hotel at 6:30 am in the morning to pick you up then the bus will leave around 7.30 am to Pokhara. Pokhara is a beautiful valley, with panoramic views of Annapurna, Machapuchare (shape of fish tail) in the north, Dhaulagiri in the west, Lamjung Himal and Manaslu in the east. The town of Pokhara is set on the banks of the Phewa Lake. It is smaller and much less hectic than Kathmandu providing the perfect starting point for our trek. Overnight at hotel.

Day 04- Drive to Nayapul (1010meters) and trek to Tikhedunga (1570meters) 3 hours.

We begin our trek at Nayapul after 1 hour driving by private vehicle from Pokhara. After 15 minutes short walk along the banks of the Modi Khola, we reach Birethanti (1015meters) a large village that has many shops and teahouses. From there, the trail continues through the village. The trail follows the north bank of the Bhurungdi Khola. The trail climbs steadily up the side of the valley to Hille at 1495m and after the short climb, we reach Tikhedhunga at 1570meters. Today's walk offers a short and relatively easy day, allowing us get used to walking in this environment.. Overnight at guesthouse.

Day 05- Trek to Ghorepani (2840meters) 5 hours.

Leaving Tikhedunga, we begin our journey with a steep climb to Ulleri. Ulleri is a large Magar village at 2070meters. The trail then continues to ascend more gently, through fine forests of oak and rhododendrons towards Banthanti at 2250meters. We

head towards Nangethanti at 2460m. After an hour walk we arrive at Ghorepani at 2840meters. Overnight at guesthouse.

Day 06- Hike up to Poon Hill (3210meters) and trek to Tadapani (2610meters).

Today, very early in the morning, we start an hour hiking to Poon Hill at elevation of 3210meters, a brilliant spectacle; this vantage point provides an unobstructed view of sunrise over the high Himalayas. There we spend about 1 hour, then returning to Ghorepani we have a hot breakfast at the hotel. Leaving Ghorepani, we climb along ridges and through pine and rhododendron forests to Deurali (2960meters). After that we descend to the Banthanti, then turn off to Tadapani. Overnight at guesthouse.

Day 07- Trek to Chomrong (2140meters.) 5 hours.

The day starts with steep downhill through rhododendron forests. Leaving Tadapani, we descend steeply through forests and then as the trail eases we reach Gurjung. This is the village of the Gurung people, renowned for their role as Gurkha soldiers. It is an easy walk to Chomrong at elevation of 2140 meters. Overnight at guesthouse.

Day 08- Trek to Dovan (2500meters) 5.30 hours.

Today the trail drops down to the Chomrong Khola, before we continue climbing to Khuldighar at 2380meters. The route descends quite steeply as it runs through thick Bamboo stands at the bottom of the gorge. Much of today is spent following the river. Overnight at guesthouse.

Day 09- Trek to Deurali (3200meters) 4 hours.

A short walking day today because of altitude and risk of snow avalanches in the area that we need to cross in the next morning. Our day begins with the climb through bamboo, then rhododendron forests to Himalayan Hotel and on to Hinko cave. The accommodation will be in Deurali. On the ridge above Hinko is the stretch of trail that is most subject to avalanche so we cross early to avoid any risk. Overnight at guesthouse.

Day 10- Trek to Annapurna Base Camp (4130meters) 5 hours.

Today the trail climbs on past the Machhapuchhare Base Camp, which isn't really a base camp since climbing the mountain is not permitted. Since it is totally surrounded by mountains, this area is known as the Annapurna Sanctuary. Two hours trek from Machhapuchhare Base Camp takes you to the Annapurna Base Camp (ABC) at elevation of 4130 meters. There, you will view unobstructed views of mountain scenery, which is very spectacular. Overnight at guesthouse.

Day 11- Trek back to Bamboo (2345meters) 6 hours.

We follow the same trail down today the trail drops down by 1700 meters to the bank of Modi Khola to Bamboo at 2345meters where there are few teahouse/lodges available to stay at. Overnight at guesthouse.

Day 12- Trek to Jhinu hot spring (1780meters) 5 hours.

We follow the same trail until Chomrong. The trail continues through rhododendron and bamboo fields. From Chomrong the trail descending very steeply to the Jhinu hot spring, where you can bathe in natural hot springs. The springs provide a well earned therapeutic relief for tired muscles. Overnight at guesthouse.

Day 13- Trek to Nayapul (1010 meters) and drive to Pokhara.

From Jhinu hot spring we walk at the right side of Modi Khola for 4.30 hours to Birethanti which is considered one of the best and relaxing walk of the entire trek. We reach Nayapul then an hour drive will take us back to Pokhara. Overnight at hotel.

Day 14- Pokhara City tour.

Your sightseeing trip will start at 9 AM in the morning after breakfast. We visit are Fewa Lake, Bagnes Lake, Devi's water fall, Museum, Tibetan refugee settlement and Gupteshower cave. You will have relaxing afternoon to browse the many markets and shops. Overnight at hotel.

Day 15- Drive back to Kathmandu (1345meters).

This morning after breakfast, we drive back to Kathmandu. There is time this afternoon for you to wander around the streets of Tamel. Overnight at the hotel in Kathmandu..

Day 16- Transfer to international airport for your final departure.

The trip ends, our *Wild Spirit* guide will drop you to the Kathmandu International Airport for your flight departure from Nepal.

Price

\$2045.00 (Aus) for a 16 day fully escorted tour

What's covered and what's not;

Included

1. Airport / Hotel / Airport pick up & drop by private car / van / bus.
2. Standard accommodation in four/five star hotel in Kathmandu breakfast included. (3 nights)
3. Standard accommodation in two/three star hotel in Pokhara breakfast included. (3 nights)

4. Guided city tour in Kathmandu and Pokhara by private car / van / bus.
5. All your standard Meals during the trek (15 Breakfasts, 11 lunches, 9 Dinners).
6. Best available Lodges, Guesthouses accommodation during the trek (9 nights Trekking Guesthouse).
7. Local Wild Spirit licensed English speaking Guide.
8. The required number of local staff and Porters to carry your luggage during the trek.
9. Food, accommodation, salary, insurance, equipment and medicine for all staff.
10. Annapurna conservation Park permits.
11. Surface transfer from and to Kathmandu.
12. All our government taxes.
13. Official expense.

Not included

1. Lunch and dinner whilst in Kathmandu and Pokhara .
2. Your travel insurance (compulsory).
3. International airfare and airport departure tax.
4. Nepal entry visa fee (US\$ 30 per person) you can obtain a visa easily upon your arrival at Tribhuvan International Airport Kathmandu for 60 days from date of issue. You require 2 passport size photos.
5. Alcoholic, hot and cold drinks.
6. Personal trekking Equipment.
7. Tips for trekking staff and driver. (Tipping is expected).
8. Sightseeing/Monument entrance fees.
9. Any others expenses which are not mentioned on Price Includes section.