

Wild Spirit Adventures Island Peak; Nepal

Island Peak is 6187 metres high and one of the most popular achievable peaks in Nepal. Also known as Imja Tse, It lies in the Khumbu Himalayan range and can be climbed without any mountaineering experience. Our professionally designed itinerary offers you a couple of days extra to get acclimatized.

We head for our Wild Spirit adventure at Island Peak after attending a climbing practice course which is briefed and instructed by our Climbing Sherpa on the various aspects of climbing techniques. Your effort to summit the peak will be rewarded with probably one of the best panoramic views in the world as you look over Lhotse, Nuptse, Baruntse, Ama Dablam and Makalu. These magnificent mountains appear so close in the clear Alpine and are a photographers dream.

During the descent, our route takes us into many cultural sites, such as Pangboche, a traditional Sherpa village; Tangboche, famous for its ornately decorated Tibetan monasteries and Khumjung with the Sir Edmund Hillary school inside the clouds and mysterious Yeti scalp.

This is a trek of a lifetime and offers the Wild Spirit Adventurer the opportunity to trek and climb in the one tour. Options are available such as a sidetrek to Everest Base Camp (4 days extra requires and additional costs)

Itinerary

Day 01- Arrival in Kathmandu airport (1345meters). Overnight at hotel.

Day 02- Kathmandu city tour. Overnight at hotel.

Day 03- Morning fly to Lukla (2804 meters), trek to Phakding (2610 meters) 3 hours. Overnight at guesthouse.

Day 04- Trek to Namche Bazaar (3441 meters) 5 hours. Overnight at guesthouse.

Day 05- Namche Bazaar Acclimatization day. Overnight at guesthouse.

Day 06- Trek to Tengboche Monastery (3860 meters) 5 hours. Overnight at guesthouse.

Day 07- Trek to Dingboche(4350 meters) 6 hours. Overnight at guesthouse.

Day 08- Trek to Chukung (4710 meters) 4 hours. Overnight at guesthouse.

Day 09- Trek to Island peak base camp (5240 meters) 4 hours. Overnight at Tented Camp.

Day 10- Rest and Acclimatization day Overnight at Tented Camp.

Day 11- Summit to Island peak (6187meters) and return to Chhukung (4750meters) Overnight at guesthouse.

Day 12- Trek to Tengboche (3860meters). 6 hours. Overnight at guesthouse.

Day 13- Trek to Namche Bazaar (3441meters) via Khumjung (2780 metres) . 5 hours Overnight at guesthouse.

Day 14- Trek to Lukla (2804meters)5 hours .Overnight at guesthouse.

Day 15- Morning flight to Kathmandu. Overnight at hotel.

Day 16- Leisure day in Kathmandu Overnight at hotel.

Day 17- Transfer to international airport for your final departure.

The above information is a guide and standard template of what we provide. The trip can be customized at your request to accommodate your specific requirements.

Price

\$3195.00 (Aus) for a 17 day fully escorted tour (prices subject to change without notice)

Whats covered and whats not:

Included

1. Airport / Hotel / Airport pick up & drop by private car / van / bus.
2. Standard accommodation in four/five star hotel in Kathmandu breakfast included (4 nights)
3. Guided city tour in Kathmandu by private car / van / bus.
4. All your standard Meals as per itinerary (breakfast, lunch and dinner) during the trek and Climb.
5. All hot drinks as per itinerary such as tea, coffee (4 times a day) during the trek.
6. Tea Houses / Lodges, Guesthouses and Tented accommodation during the trek.
7. A government licensed English speaking Guide during the trek and climb.
8. The required number of staff and Porters to carry your

luggage during the trek.

9. Food, accommodation, salary, insurance, equipment, medicine for all staff.

10. Everest National Park permits.

11. Island Peak Permit fees.

12. Garbage Deposit Fee.

13. General Climbing equipment such as Rope, Ice Screw, Snow Bar etc.

14. Down Jacket, duffel/kit bag

15. Airfare from Kathmandu – Lukla - Kathmandu including airport departure tax in Kathmandu and Lukla airport.

16. Surface transfer from and to Kathmandu.

17. All our government taxes.

18. Official expense.

Please Note: US\$80 per person per night if you need extra accommodation in four/five star hotel in Kathmandu including breakfast.

Price Excludes

1. Lunch and dinner whilst in Kathmandu.

2. Your travel insurance (compulsory).

3. International airfare and airport departure tax.

4. Nepal entry visa fee (US\$ 30 per person) you obtain a visa easily upon your arrival at Tribhuvan International Airport Kathmandu for 60 days from date of issue.

5. Items of a personal nature such as alcoholic drinks, cold drinks, laundry.

6. Personal trekking and Climbing Equipment.

7. Tips for trekking staff and driver. (Tipping is expected).

8. Sightseeing/Monument entrance fees.

9. Any others expenses which are not mentioned on Price Includes section.