

Adventure health retreats at some of the worlds most amazing

HOLIDAY DESTINATIONS

Wild Spirit Adventures will facilitate your exclusive luxury life changing and empowering health retreats.



Your programs are a well-balanced combination of luxury, relaxation, adventure, physical and psychological fitness and wellness with a focus on restoring your zest and passion for life.

Your daily schedules are designed with a mixture of luxury, relaxation, water sports, adventure, life coaching and physical training.

Your luxury accommodation, gourmet food and sunset cocktails complement the tropical and exotic location.

ACTIVITIES WILL INCLUDE:

- Yoga
- Meditation
- Massage
- Surf Tuition
- Paddle Boarding

- Beach Training
- Horse Riding
- Bike Riding
- White Water Rafting
- Orangutan Sanctuary

- Zip Lining
- Mountain Climbing
- Dragon Boats
- Rowing
- Cooking Classes



Prices from \$2595.00 per person | Sunshine Coast \$1495.00 per person

NUMBERS ARE LIMITED

CONTACT WAYNE AT WILD SPIRIT ADVENTURES on 1800 238 368 or www.wildspiritadventures.com